

# Amazing Sibs



## WHO CAN PARTICIPATE?

Anyone between the ages of six and twelve years old who has a brother or sister with autism.

## PROGRAM GOALS

- To encourage peer support.
- To learn about autism.
- To increase coping skills.
- To provide the opportunity to express feelings in a safe place.
- To facilitate open communication within families.

New Group Starting January, 2017  
Tuesdays 6-7:30 p.m.

## Supporting Siblings of Children with Autism

Children who have siblings with autism have their own unique needs that are often overlooked.

Amazing Sibs is a workshop designed to meet some of those needs in a fun and friendly environment.

One free parent group is also run towards the end of the group for parents to learn more about sibling needs.

