

Introduction

Social skills are crucial to a child's ability to successfully integrate into the larger social order, which affects them positively and negatively throughout childhood and into adulthood.

Each child has their own personality which causes them to learn social competence (the ability to get along with others) in their own way. Although unique, each child needs to be, and can be, taught socially acceptable ways to behave.

We can help children learn and practice skills that are crucial to their emotional well-being, resiliency, self-esteem, behaviour and overall success in the world.

Koru Psychology

True Transformation Starts From Within



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Amazing Kids Social Skills Group

Presented by
Koru Psychology



Help foster your child's success and boost their confidence in social situations. The *Amazing Kids* workshop will include a number of recreational and educational activities designed to build your child's social skills and confidence. Topics include self esteem, resiliency, making and keeping friends, managing emotions, conflict resolution, and much more!

A resource package will also be provided to parents to further promote their child's social skills.

Who can participate?

Anyone between the ages of five and sixteen years old.



Program Goals

- To assist in the development of social skills, life skills and social problem solving strategies
- To encourage friendship making
- To develop self-awareness and a positive outlook on life
- To create a supportive environment which encourages the development of positive interpersonal relationships

Dates:

Groups typically run over one full day or two half Saturdays. Some after school programs are available.

Please call 403-650-1616 or complete the online registration form to be added to our waitlist.

Fees*:

Please call 403-650-1616 for current group fees.

*All groups are run by a Registered Psychologist and may be covered by extended health care benefits.

To register or for more information, please call Caroline at 403-650-1616 or visit www.korupsiychology.ca